

## REFERENCES FOLLOWING ON FROM THE ASIA PACIFIC NEUROLEADERSHIP SUMMIT

The following is a list of papers that I (David Rock) personally mentioned in one of my talks in Sydney. These are some of the most interesting and useful papers so far about the field, though by no means is this an exhaustive list. The Neuroleadership journal will have a complete list of papers for each of the four areas of interest.

1. Global Survey of 4,741 Executives in 83 Countries and Markets-Conducted by The Boston Consulting Group, World Federation of Personnel Management Associations, and Society for Human Resource Management. Showed that 'improving leadership development' was in the top three most important issues, in 11 countries including the US.
2. Individual Differences in Two Emotion Regulation Processes: Implications for Affect, Relationships, and Well-Being, James J. Gross, Oliver P. John, *Journal of Personality and Social Psychology*, 2003, Vol. 85, No. 2, 348 –362
3. Developing Sustainable Leaders Through Coaching and Compassion, Richard Boyatzis, Melvin Smith, Nancy Blaize. *Academy of Management Learning & Education*, 2006, Vol. 5, No. 1, 8 –24.
4. The neuroscience of leadership, *strategy+business* magazine, Issue 43 Summer 2006. David Rock and Jeffrey M Schwartz
5. The Brain at Work, *SHRM Magazine*, March 2008, Vol. 53, No. 3
6. Seven Plus or Minus Two: A Commentary On Capacity Limitations, Richard M. Shiffrin and Robert M. Nosofsky, *Psychological Review*, 1994, Vol. 101, No. 2, 357-361
7. Self-Control Relies on Glucose as a Limited Energy Source: Willpower Is More Than a Metaphor. Matthew T. Gailliot, Roy F. Baumeister, C. Nathan DeWall, Jon K. Maner, E. Ashby Plant, Dianne M. Tice, Lauren E. Brewer, Brandon J. Schmeichel, *Journal of Personality and Social Psychology*
8. New approaches to demystifying insight, Edward M. Bowden, Mark Jung-Beeman, Jessica Fleck and John Kounios, *Trends in Cognitive Sciences* Vol.9 No.7 July 2005

9. "The Eureka Hunt," Jonah Lehrer, *Annals of Science*, *The New Yorker*, July 28, 2008, p. 40
10. Bad Is Stronger Than Good, *Review of General Psychology* 2001. Vol. 5. No. 4. 323-370, Roy F. Baumeister and Ellen Bratslavsky, Kathleen D. Vohs
11. The Biology of Being Frazzled, Amy F. T. Arnsten, *Science* 12 June 1998: Vol. 280. no. 5370, pp. 1711 - 1712
12. Attending to the present: mindfulness meditation reveals distinct neural modes of self-reference. Norman A. S. Farb, Zindel V. Segal, Helen Mayberg, Jim Bean, Deborah McKeon, Zainab Fatima, and Adam K. Anderson, *SCAN* (2007) 2, 313–322
13. Short-term meditation training improves attention and self-regulation, Yi-Yuan Tang et al, *PNAS* October 23, 2007 vol. 104 no. 43 17152-17156
14. Putting Feelings Into Words: Affect Labeling Disrupts Amygdala Activity in Response to Affective Stimuli, Matthew D. Lieberman, Naomi Eisenberger, Molly Crockett, Sabrina Tom, Jennifer Pfeifer, and Baldwin Way, Volume 18—Number 5, *Association for Psychological Science*
15. Individual Differences in Two Emotion Regulation Processes: Implications for Affect, Relationships, and Well-Being, James J. Gross, Oliver P. John, *Journal of Personality and Social Psychology*, 2003, Vol. 85, No. 2, 348 –362
16. Know Your Place: Neural Processing of Social Hierarchy in Humans. Caroline F. Zink, Yunxia Tong, Qiang Chen, Danielle S. Bassett, Jason L. Stein, and Andreas Meyer-Lindenberg. *Neuron* 2008 58: 273-283
17. Tabibnia, G., Satpute, A. B., & Lieberman, M. D. (2008). The sunny side of fairness: Preference for fairness activates reward circuitry (and disregarding unfairness activates self-control circuitry). *Psychological Science*, 19, 339-347